



Gregory A. Cost, MD

Sajal C. Dutta, MD

Jerry D. Giesy, MD

Michael J. Kaempf, MD

Jin-Hee Kim, MD

Gregory B. McCoy, MD

Kevin M. McEvoy, MD

Roger D. Rosenquist, MD

David K. Winchester, MD

Jennifer Botelho, PA-C

Kristine Windom, PA-C

Xinyue Wang, PA-C

Beverly A. Heller,
Administrator

Emanuel
501 N Graham
Suite 420
Portland, OR 97227
503-288-7303
Fax 503-288-3806

Good Samaritan
1130 NW 22nd
Suite 535
Portland, OR 97210
503-274-4999
Fax 503-796-9884

East Portland
10000 SE Main
Suite 342
Portland, OR 97216
503-255-5244
Fax 503-255-5120

Tualatin
19250 SW 65th Avenue
Suite 250
Tualatin, OR 97062
503-692-4820
Fax 503-612-0793

Providence
5050 NE Hoyt Street
Suite 516
Portland, OR 97213
503-943-3265
Fax 503-517-8679

Patient name: _____

Allergies: _____

INSTRUCTIONS FOR PROSTATE BIOPSY

1. Eat a light meal before the procedure and take all prescribed medications except blood thinners.
2. Discontinue any blood thinners, anticoagulants, non-steroidal anti-inflammatory medications one week before the biopsy. Examples are **aspirin**, and **ibuprofen**. Please see the back of this page for a more complete list. If you are unsure about a medication, please ask.
3. If you are taking warfarin, coumadin, Lovenox or Plavix, you will need specific orders from the physician when to discontinue and restart these medications.

4. You are being given two antibiotic tablets as indicated below. If you have known sensitivities to these antibiotics please inform our office so your doctor can prescribe an alternative antibiotic.

___ Ciprofloxacin ___ Levofloxacin ___ TMX/SMZ

Take 1 antibiotic pill the morning of the biopsy. Take 1 pill on the night of the biopsy.

5. If you have valvular heart disease, or have had heart valve surgery, or if you have been advised to take antibiotics before routine dental work, notify your doctor.
6. Take a Fleet enema 2 hours before your biopsy. You can purchase this at your pharmacy or drug store.
7. Expect some blood in the urine and stool for a few days following the biopsy. You may have blood in the semen for several weeks as well.
8. If our office does not notify you of the biopsy results within 5 business days, please call our office.

Prescription called to: _____

Instructions given
by: _____ date _____
(signature of staff person)